



New Zealand
Programme

Small Grants Fund Recipient 2006

Taranaki Youth Health Trust, New Plymouth

Grant: \$5000.00.

The Taranaki Youth Health Trust is committed to enabling young people of all ethnic and cultural backgrounds to have free accessible services that will promote their physical, emotional, mental, spiritual and social health in accordance with the principles of the Treaty of Waitangi. The Trust is a primary health care project led by a nurse delivering services to young people (age 10-25) in a manner that is easily accessible and appropriate.

The Small Grant Fund grant will go towards training and supervision of 15 youth peer support workers. Save the Children is happy to support this project because it focuses on strength based practice, youth participation and positive youth development models. Good health is closely linked to positive relationships with others, supportive family environments, good emotional and mental wellbeing, cultural and physical health, none of which is possible without the inclusion of and consultation with young people, their families and community at large.